



# TOGETHER WE CAN REACH MORE!

*"We associate vitality with health, motivation, energy, resilience, fitness and enthusiasm. All the elements that come back to Strong Viking. Vital people are able to work longer, more efficient and perform at their best. An employee who feels good, has the energy to work. An employee who doesn't feel good about himself, automatically loses energy and has more trouble keeping his drive to do his job well and make an extra step for the company."*

## WHEN?

Friday, the 12<sup>th</sup> of June 2020, Company Day in Nijmegen (12.00hr – 19.30hr)

## WHAT?

A complete and exclusive Strong Viking event aimed at companies that want to offer their employees/colleagues an unforgettable teambuilding day. Strong Viking is not a competition, but a challenge. Facing challenges with a smile together, that's the most important thing. We don't leave any Viking behind. That's why Strong Viking is the event to participate together with your colleagues, relations and/or customers and awarded as the best obstacle run in the Netherlands for 5 years in a row.

## CHALLENGE:

During the Strong Viking Company Day, each employee can choose his/her own challenge, so that all levels (from inexperienced to die-hard sportsmen and women) get their challenge! Of course, all colleagues start at the same time in the same starting area, regardless of the distance they will run.

- 4km - Beginning (10+ obstacles)
- 7km – Lightning (20+ obstacles)
- 13km – Warrior (30+ obstacles)

## SUBSCRIPTION & COSTS:

The registration is based on a unique code via our registration system, which relieves your organisation of any internal registration lists and/or pages. Payment is made on a total invoice, with a fixed ticket price per person. A ticket costs €49.95 and includes:

- Unique Strong Viking Obstacle Course (4km, 7km or 13km)
- Strong Viking Finisher T-shirt (worth €12.50)
- Beer/Water at the Finish
- Personal action photos/videos during the run
- Finishphoto (Greenscreen)
- Nutrition points during the run (water/nutrition)
- Network drinks with fellow Viking-companies after the run

We also like short ribbons, no obstacles to get in touch with us! We are happy to have a conversation via phone and/or visit your company to explain everything step-by-step.

